



My name is **Arabela Acălinei**.
I am 38 years old, and I've been
diagnosed with
Charcot-Marie-Tooth disease
even since I was 6.

CMT is a neuromuscular,
progressive, inherited disease
that affected 3 generations in my
family, my two sons included.

Employ-Able People

Knowing that I had such a condition and that I was going to have walking problems and less physical strength and resistance, I focused more on my studies and got a Bachelor's Degree in Philology, Romanian-English languages.



Arabela Acălinei

Since then, I've never stopped learning and I keep improving my skills and competences in different fields, even now.

I've re-oriented my professional life towards career guidance for people with disabilities, as I think it is extremely important to give disabled people a chance to properly integrate into society through facilitating their employment in the open labour market.

I am currently the President of **Neuro Move CMT Association in Romania**, a non-profit national organization that aims to help people affected by Charcot-Marie-Tooth disease and other neuromuscular disorders.

I am a Board Member of the European CMT Federation and have recently taken over the secretariat of another important European Alliance on Neuromuscular Disorders (EAMDA).

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There are different ways to cope with or even overcome disabilities, but one of them is being aware that you CAN play a role in the society and have a purpose in life. I do consider that disabled people, like me, need to have the chance to prove their worth and need to be allowed to give their contribution to society.

We are valuable people. Do not disconsider us!





**AWARENESS
4CHANGE**

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